



Prayer to Our Lady of Mount Carmel

*O Mary,
Beautiful Flower of Mount Carmel
Fruitful Vine, Splendor of Heaven
Virgin Mother of the Son of God
assist us in our present necessities.*

*O Star of the Sea,
Come to our aid and show yourself
A Mother to us.*

*O Holy Mary, Mother of God,
Queen of Heaven and Earth,
we humbly ask you from the bottom
of our hearts to help us,
for nothing can withstand
your powerful intercession.
O show us that you are our Mother.*

DISCALCED CARMELITE NUNS
BEACON, NEW YORK